

# **CONFIDENTIALITY STATEMENT**

Confidentiality and privacy are maintained  
in ALL services in the Counseling Center

## **ACCESSING COUNSELING SERVICES**

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A Division of  
Student Development and Services  
*Dr. Leroy Durant, Vice President*



## **MISSION STATEMENT**

The mission of Student Counseling  
Services is to provide access to  
exceptional mental health services that  
will enhance student retention and reduce  
barriers that hinder matriculation from  
enrollment to graduation, through the  
implementation of strength based and  
solution- focused approaches to meet  
individual needs of students. Student  
Counseling Services will play a pivotal  
role in University efforts to produce  
global visionary leaders.

# **Claflin University COUNSELING SERVICES**



## **“Taking Steps toward Positive Change”**



Dr. Dwaun J. Warmack  
*President*

## **COUNSELING SERVICES**

Welcome to Claflin University Counseling Services, dedicated to assisting and developing individuals.

Counseling Services reflects a strong commitment to diversity and the individual needs of students.

To enhance the quality of service, self-reflection, evaluation and constant individual feedback are encouraged.

All members of the Claflin Family are urged to utilize and view Counseling Services as part of their support system.

### **INDIVIDUAL COUNSELING**

This program utilizes a short term model to help students cope with the challenges of college life such as adjustment difficulties, academic-related stress and relationship problems.

Specific activities include:

- Coping skills
- Crisis management/intervention
- Life transitions
- Sexual assault
- Substance abuse
- Community agency referrals

## **GROUP COUNSELING**

offers sessions to include but not limited to:

- Adjustment
- Anxiety
- Coping Strategies
- Depression
- Grief
- LGBTQIA+
- Life Skills
- Mindfulness

### **OUTREACH AND CONSULTATION**

Counseling Services offers educational programming for student organizations, residential halls, fraternities and sororities, and academic departments on a number of topics such as:

- Adjusting to college
- Conflict resolution
- Crisis intervention
- Diversity
- LGBTQ Community
- Eating disorders
- Self-esteem issues
- Grief and loss
- Time management...

Individual consultation is provided for faculty, staff, residential life managers and assistants regarding mental health situations with students.

## **DISABILITY SERVICES**

Disability Services exists to enable individuals with disabilities to participate in a full range of college activities.

The goal is to provide a fully integrated experience for every individual and to promote an environment that is barrier-free.

To be eligible for service, an individual must:

- Apply and be accepted for admission through the regular process
- Provide current and comprehensive documentation of temporary or permanent disability which requires accommodation
- Register with Disability Services at the beginning of each semester.